





PARIS 2024 CLEAN SPORT EDUCATION WEBINAR





CHAT



Q&A

#KeepingSportReal



POLL



INTERNATIONAL GOLF FEDERATION

ALESSANDRO SPEGNO

PROJECT MANAGER



INTERNATIONAL TESTING AGENCY

ARMANDO URBAN - EDUCATION TEAM

ANA JELUSIC, OLY – EDUCATION AMBASSADOR



WELCOME FROM IGF



POLL QUESTION

WHAT DO YOU THINK HAPPENED?

- ✓ The athlete was not sanctioned
- ✓ The athlete was given a public warning
- ✓ The athlete was banned from all sports



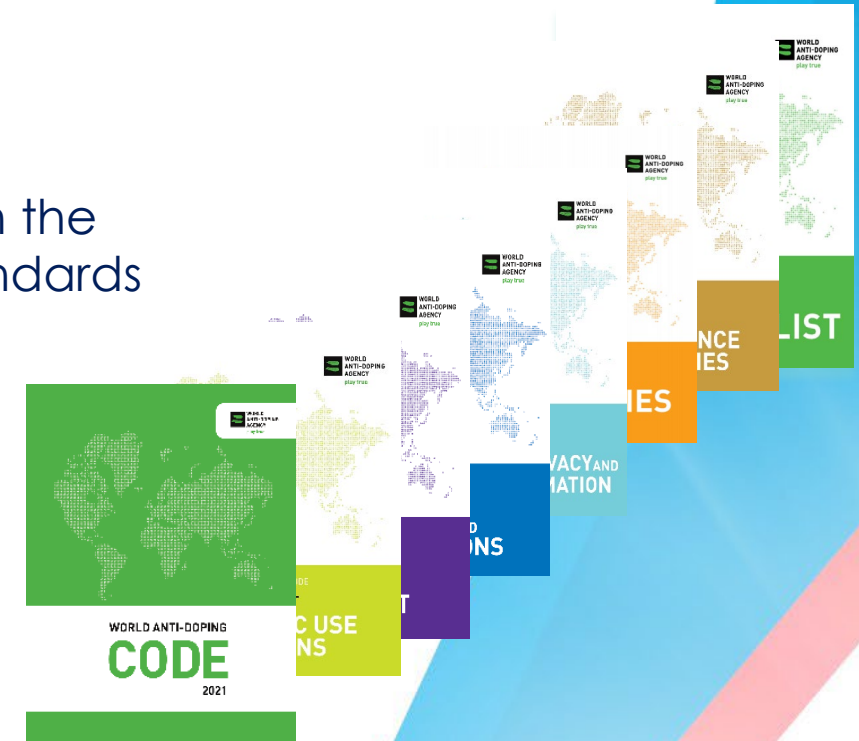
STRICT LIABILITY PRINCIPLE

The athlete is solely responsible for everything they use and that is found in their body, regardless of whether there was an intention to cheat or not or if the athlete is at fault.

WHAT DO I NEED TO KNOW AS AN OLYMPIC GOLF ATHLETE?

WORLD ANTI-DOPING AGENCY (WADA)

- ✓ Global anti-doping regulator responsible for harmonising anti-doping policies in all sports and all countries
- ✓ Oversees the global fight against doping and coordinates the efforts of all stakeholders
- ✓ Monitors the compliance of anti-doping programs with the World Anti-Doping Code (Code) and International Standards
- ✓ Has authority to issue corrective actions and appeal decisions
- ✓ Is responsible for the accreditation process of laboratories



WORLD ANTI-DOPING CODE

- ✓ The purpose of the Code is to protect athletes' rights to participate in doping-free sport
- ✓ It is the universal program upon which the World Anti-Doping program in sport is based, and sets up the regulatory framework for ADRVs
- ✓ It is adopted by different sport and anti-doping organisations worldwide, known as Code Signatories
- ✓ The Anti-Doping Rules apply worldwide to athletes, ASP and others and to all sports



ATHLETE RIGHTS & RESPONSIBILITIES

Application and standing

Equality of **opportunity**

Other rights and freedoms not affected

Equitable and **fair testing programs**

Right to **B sample analysis**

Medical treatment and protection of **health rights**

Rights during **sample collection**

Right to **justice**

Protected persons rights

Right to **accountability**

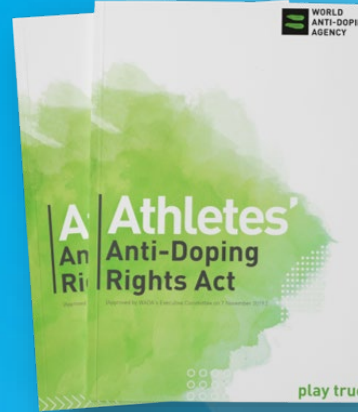
Right to **compensation**

Whistleblower rights

Right to **data protection**

Right to **Education**

ATHLETES ANTI-DOPING RIGHTS ACT



Need advice? The [Athletes' Anti-Doping Ombuds](#) is a free, neutral, and confidential resource for athletes with questions or concerns about anti-doping issues

LEARN MORE

ATHLETES' ANTI-DOPING RIGHTS ACT



ATHLETES' RESPONSIBILITIES

- ✓ To know and follow the rules
- ✓ To be available for sample collection at all times
- ✓ To take responsibility for what they ingest and use
- ✓ To inform medical personnel of their obligations as an athlete
- ✓ To disclose to their NADO and IF any decision (whether by a Signatory or non-Signatory) that they have committed an ADRV within the previous ten years.
- ✓ To cooperate with Anti-Doping Organisations and your Sport Federation
- ✓ To disclose the identity of their Support Personnel upon request

ROLES & RESPONSABILITIES OF ATHLETE SUPPORT PERSONNEL (ASP)

ASP have a number of anti-doping roles and responsibilities including:

- ✓ To be knowledgeable of and comply with applicable anti-doping policies and rules
- ✓ To cooperate with the Athlete Testing program
- ✓ **To use their influence on athlete values and behaviour to foster anti-doping attitudes**
- ✓ To disclose to their NADO and IF any decision (whether by a Signatory or non-Signatory) that they committed an Anti-Doping Rule Violation (ADRV) in the previous ten years
- ✓ To cooperate with Anti-Doping Organisations investigating ADRVs
- ✓ Not using or possessing any prohibited substance or method without valid justification



WHAT IS DOPING?

POLL QUESTION

ADRV

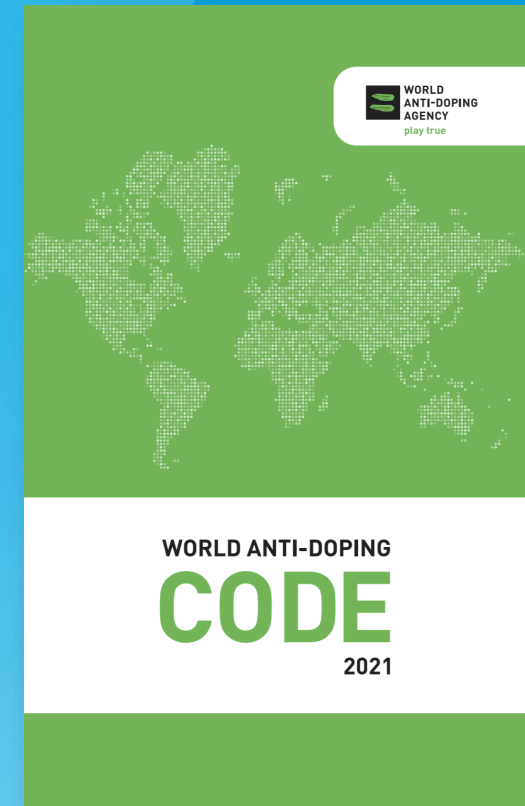
WHAT DOES IT MEAN?

- ✓ Anti-Drug Regulation Violation
- ✓ Anti-Doping Rule Violation
- ✓ Atypical Doping Results Verdict
- ✓ Against-Doping Rules Verdict

WADA DEFINITION OF DOPING

Doping is defined as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.11 of the Code.

(2021 World Anti-Doping Code)





11 ADRVs

11. Acts by an athlete or other person to **discourage or retaliate** against reporting to authorities.

1. Presence of a prohibited substance in athlete's sample.

2. Use or attempted use of a prohibited substance or method.

3. Evading, refusing or failing to submit to sample collection.

4. Whereabouts Failures by an athlete in a Registered Testing Pool.

5. Tampering or attempted tampering with any part of doping control.

6. Possession of a prohibited substance or method.

7. Trafficking or attempted trafficking of a prohibited substance or method.

8. Administration or attempted administration of a prohibited substance or method.

9. Complicity or attempted complicity in an ADRV.

10. Prohibited association by an athlete or other person.

2.1 **PRESENCE** OF A PROHIBITED SUBSTANCE IN ATHLETE'S SAMPLE

2.2

USE OR ATTEMPTED USE OF A PROHIBITED SUBSTANCE OR METHOD

2.3

EVADING, REFUSING OR FAILING TO SUBMIT TO SAMPLE COLLECTION

2.4

WHEREABOUTS FAILURES

**FOR REGISTERED TESTING POOL
ATHLETES**

DRUG FREE SPORT NEW ZEALAND PRESENTS



WHERE CAN I BE TESTED? AND BY WHOM?



WHO CAN TEST ATHLETES?

- ✓ National Anti-Doping Organisations (NADOs)
- ✓ International Federations (IFs)
- ✓ Major Event Organisers (MEOs)
- ✓ Delegated third parties like the International Testing Agency (ITA)

WHO CAN BE TESTED?

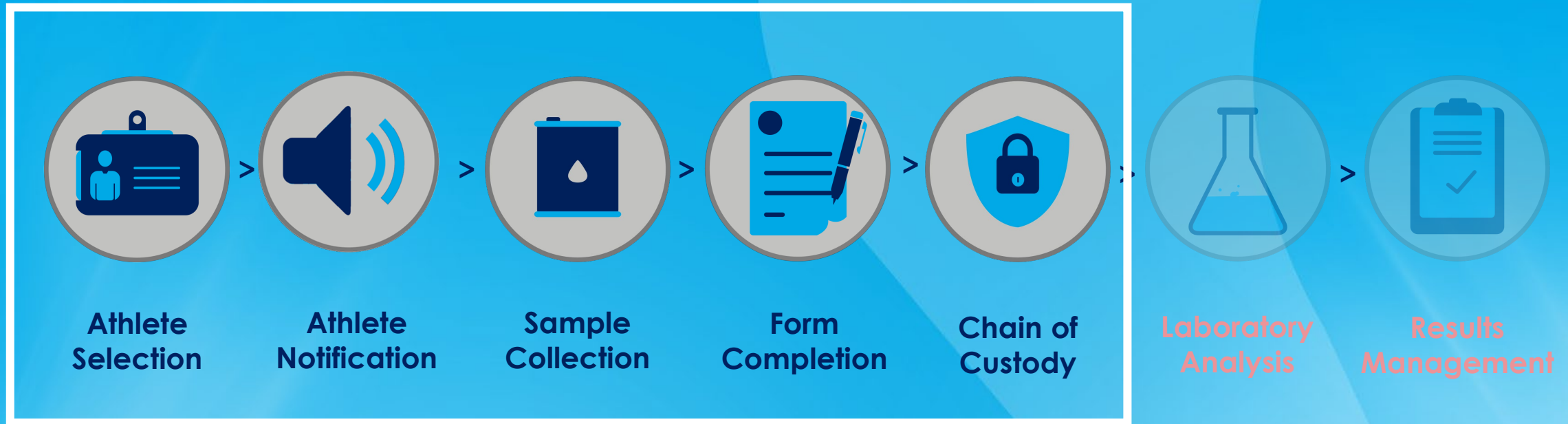
- ✓ Any athlete under the jurisdiction of an Anti-Doping Organisation (ADO) and subject to their anti-doping rules
- ✓ Athletes can be tested both in-competition and out-of-competition

DOPING CONTROL PROCESS

KEY STEPS OF THE DOPING CONTROL PROCESS



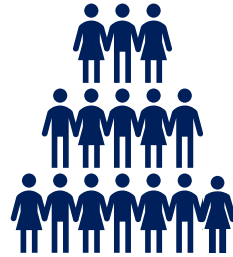
KEY STEPS OF THE DOPING CONTROL PROCESS



ATHLETE SELECTION



**Based on performance
on the field of play**



**Random
Selection**



**Targeted for a specific
reason**

KEY STEPS OF THE DOPING CONTROL PROCESS



ATHLETES' RIGHTS DURING DOPING CONTROL

- ✓ Have a representative with you
- ✓ Request an interpreter, if available
- ✓ Request special assistance or modifications for valid reasons
- ✓ Ask any questions
- ✓ Ask for Chaperone's/DCO's identification
- ✓ Record any comments or concerns on the form
- ✓ Request a delay for valid reasons



VALID REASONS TO REQUEST A DELAY

- ☒ Attending a victory ceremony
- ☒ Finishing a training session or competing in further events
- ☒ Receiving necessary medical attention
- ☒ Fulfilling media commitments
- ☒ Warming down

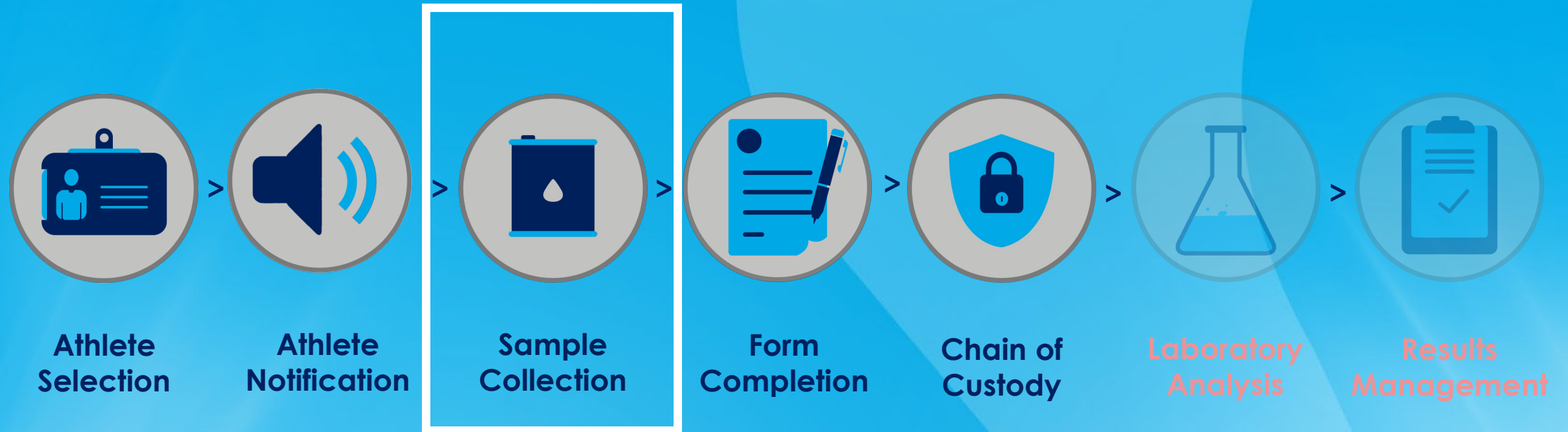
The DCO will decide if a request to delay testing is valid and the athlete will be continuously observed during any delay.

ATHLETES' RESPONSIBILITIES DURING DOPING CONTROL

- ☒ Report for testing immediately if selected
- ☒ Show valid identification
- ☒ Remain in direct sight of the DCO or Chaperone
- ☒ Comply with the sample collection procedure



KEY STEPS OF THE DOPING CONTROL PROCESS



URINE SAMPLE COLLECTION

KEY STEPS:

- ✓ SELECTION OF COLLECTION VESSEL
Athlete chooses a sealed collection vessel
- ✓ URINE SAMPLE PROVISION
Athlete washes hands and provides sample.
- ✓ SELECTION OF SAMPLE COLLECTION KIT
Athlete chooses a sealed sample collection kit.
- ✓ SPLITTING AND SEALING OF THE SAMPLE
Athlete divides their sample between the A and B bottles as instructed and seals them.

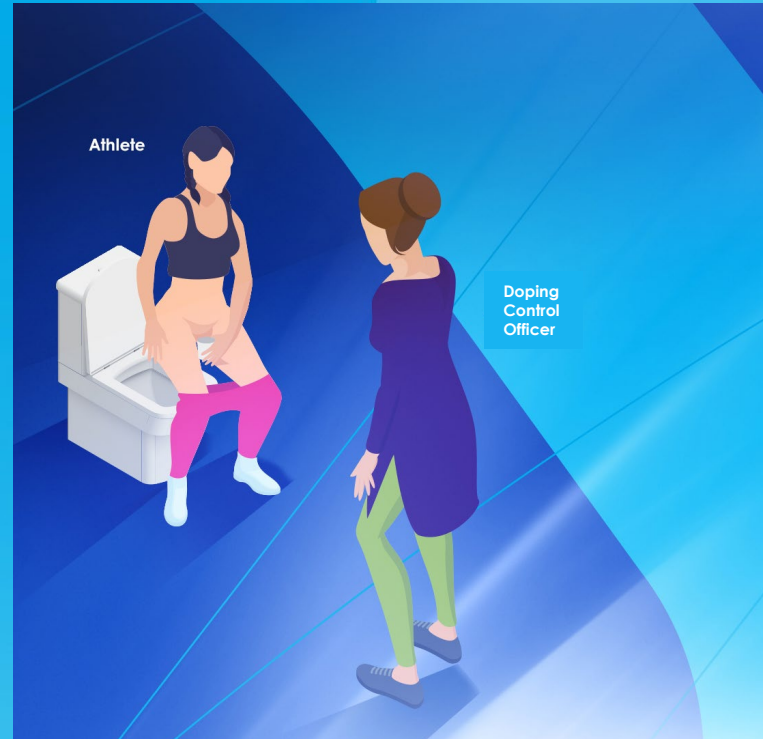


URINE SAMPLE COLLECTION



SAMPLE COLLECTION FROM A MALE ATHLETE

The Doping Control Officer (DCO) stands to the side of the athlete.



SAMPLE COLLECTION FROM A FEMALE ATHLETE

The DCO stands in front of the athlete.



SAMPLE COLLECTION WITH AN ACCOMPANYING PERSON

The DCO watches the athlete. The observer watches the DCO.

KEY STEPS OF THE DOPING CONTROL PROCESS



DOPING CONTROL FORM

- 1 Fill in your personal information.
- 2 Take the time to read the athlete rights and responsibilities.
- 3 Check sample codes carefully.
- 4 Declare all medications and supplements (and any blood transfusions over the past 3 months if it is a blood sample collection).
- 5 Review the form to make sure that all the information is correct and sign. Note any comments.

DOPING CONTROL FORM

FILL IN YOUR PERSONAL INFORMATION

1. ATHLETE INFORMATION

NAME:

SPORT DISCIPLINE: ATHLETE ID PROVIDED: ☐ YES / ☐ NO

2. NOTIFICATION

HAVE YOU READ AND FULLY UNDERSTOOD THE ATHLETE'S RIGHTS AND RESPONSIBILITIES?

I CONSENT TO GIVE SAMPLES AND UNDERSTAND THAT NOT COOPERATING MIGHT BREAK THE DOPING CONTROL RULES.
I HAVE READ THE INFORMATION ON MY RIGHTS AND RESPONSIBILITIES.

SIGNATURE:

3. INFORMATION FOR ANALYSIS

SAMPLE 1

BLOOD: ☐ A / ☐ B

BLOOD SAMPLE CODE NUMBER:

TIME:

SAMPLE 2

BLOOD: ☐ A / ☐ B

BLOOD SAMPLE CODE NUMBER:

TIME:

SAMPLE 1

URINE: ☐ A / ☐ B

URINE SAMPLE CODE NUMBER:

TIME:

SAMPLE 2

URINE: ☐ A / ☐ B

URINE SAMPLE CODE NUMBER:

TIME:

LIST ANY PRESCRIPTION MEDICATIONS AND OVER-THE-COUNTER MEDICATIONS/SUPPLEMENTS YOU HAVE TAKEN IN THE PAST WEEK. IF POSSIBLE, NOTE DOWN THE DOSAGE. IF YOU HAVE RECEIVED ANY TRANSFUSIONS IN THE PAST 3 MONTHS, NOTE DOWN THE INFORMATION.

SUPPLEMENTARY REPORT FORM NUMBER:

CONSENT FOR RESEARCH (OPTIONAL): ☐ I ACCEPT / ☐ I REFUSE

SIGNATURE:

4. CONFIRMATION OF PROCEDURE FOR URINE AND/ OR BLOOD TESTING

ANY COMMENTS SHOULD BE NOTED HERE. IF NECESSARY CONTINUE ON A SUPPLEMENTARY REPORT FORM.

URINE SAMPLE WITNESS

NAME:

SIGNATURE:

ATHLETE REPRESENTATIVE

NAME:

POSITION:

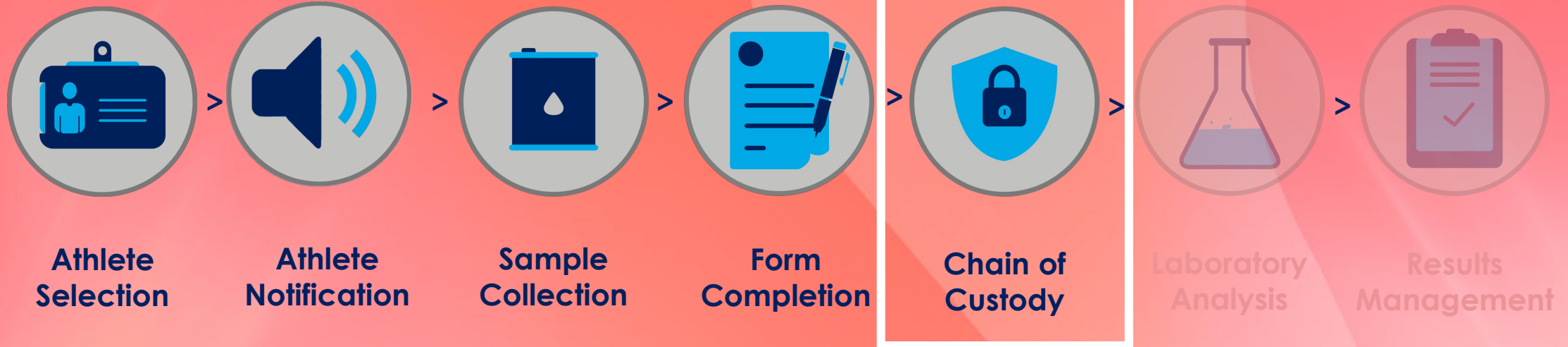
SIGNATURE:

I CONFIRM THAT I'VE GIVEN ALL INFORMATION TRUTHFULLY AND THAT THE SAMPLE WAS COLLECTED ACCORDING TO THE RULES.
I UNDERSTAND AND ACCEPT THAT THE RESULTS WILL BE SHARED WITH RELEVANT ORGANISATIONS.

SIGNATURE:

SIGN TO CONFIRM ALL INFORMATION ON THE FORM IS CORRECT

KEY STEPS OF THE DOPING CONTROL PROCESS



WHAT HAPPENS TO MY SAMPLE?

- ✓ Collected samples are securely packaged
- ✓ Samples are sent to a WADA-accredited laboratory for analysis
- ✓ The transportation is tracked and monitored by a chain of custody procedures to ensure security and integrity
- ✓ Blood samples are always placed in a cool box with the temperature logger



THE DOPING CONTROL PROCESS

LEARN MORE



























ITA WEBINAR:
TESTING – WHAT YOU
NEED TO KNOW



JADA – MANGA DOPING
CONTROL PROCEDURE
ANIMATION

OUT-OF-COMPETITION TESTING

WHEREABOUTS REQUIREMENTS

| | | RTP | TP |
|---|-------------------------------------|---|---|
| 1  | Mailing address and email address |  |  |
| 2  | Phone number |  |  |
| 3  | 60-minute time slot |  |  |
| 4  | Overnight accommodation |  |  |
| 5  | All training and regular activities |  |  |
| 6  | Travel schedule |  |  |
| 7  | Competition details |  |  |
| 8  | Any additional information |  |  |

MAIN DIFFERENCES RTP-TP



60-minute time slot between 5 am and 11 pm

RTP

2.4

Whereabouts failures

RTP

INCLUSION IN A TESTING POOL

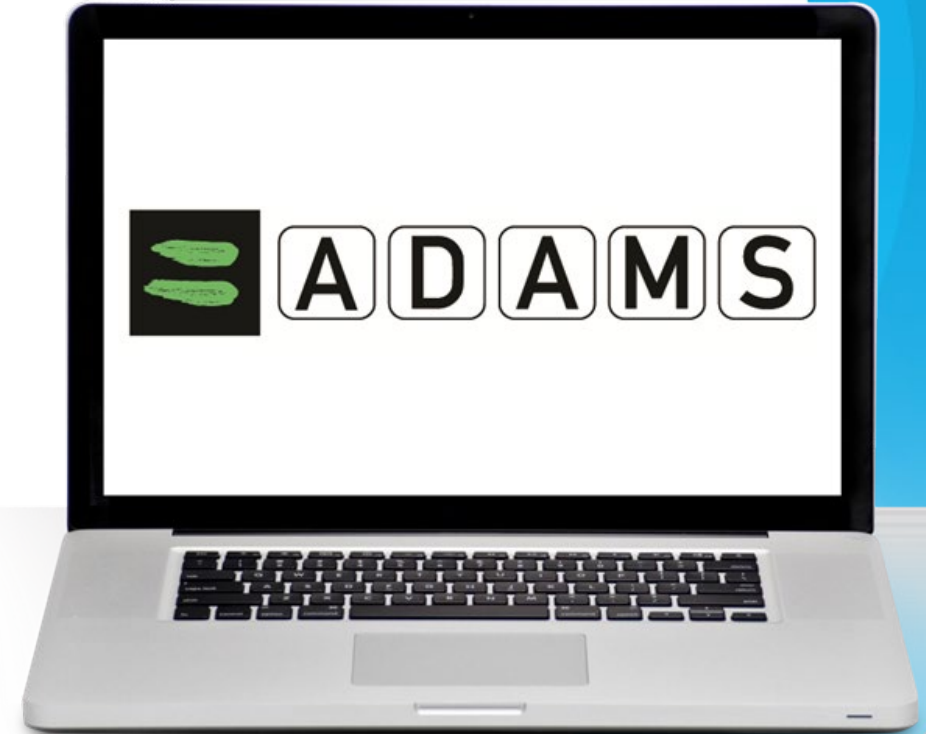
Letter of Inclusion

- ✓ The letter includes an overview of the essential aspects of RTP/TP athlete obligations as set out by the IF/NADO Anti-Doping Rules and the World Anti-Doping Code
- ✓ Each athlete is required to acknowledge their inclusion

ADAMS

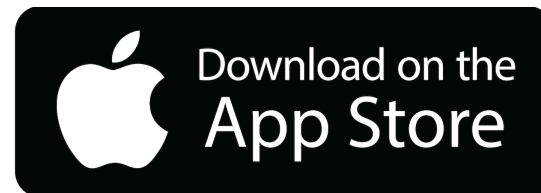
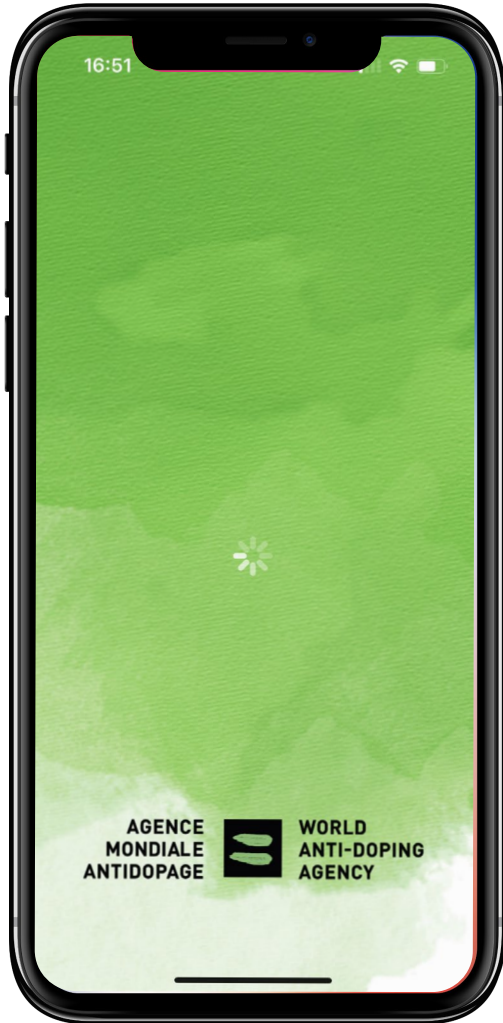
WADA's Anti-Doping Administration and Management System (ADAMS) is an online tool that athletes can access anytime and anywhere to submit and update their whereabouts information. ADAMS is available in many languages.

ADAMS takes the privacy and security of athlete information very seriously.



ATHLETE CENTRAL

- WADA's mobile application which allows athletes to easily submit and update whereabouts information using a mobile device.
- User-friendly and available in many languages.
- Athletes are encouraged to download and use the application regularly.



COMMON MISTAKES

WHILE SUBMITTING WHEREABOUTS

- Forgetting to click on the submit button.
- Incomplete addresses
- Inaccurate dates and time
- Forgetting to update
- Not communicating delays
- Incomplete contact information
- Assuming others know your plans
- Lack of consistency
- Omitting some entries which are part of TP or RTP whereabouts requirements.

DON'T DO THIS

- Don't omit details on how to reach the location
- Don't be vague
- Don't be inconsistent
- Don't postpone updates
- Don't use abbreviations or acronyms
- **Don't Forget to Update on time!!**

VIDEO: SUBMITTING YOUR WHEREABOUTS



ATHLETES ANTI-DOPING HELP DESK

The International Testing Agency, on behalf of IGF, will provide a dedicated support service to athletes and support personnel for any question or clarification related to **ADAMS and Whereabouts**.

The help desk can be contacted:



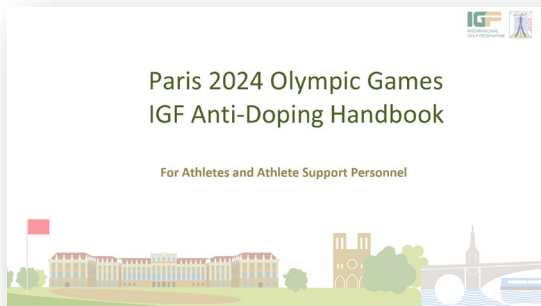
By email: igf@ita.sport (**Recommended option**)



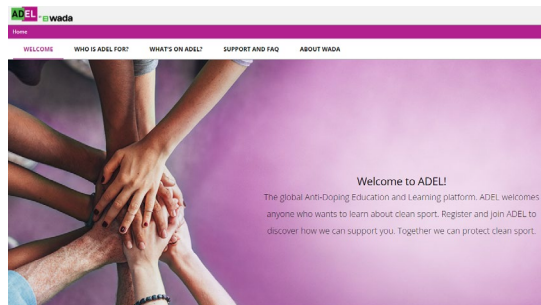
By phone: +41216121228

Kate HOVRJAKA -Athlete Support Officer

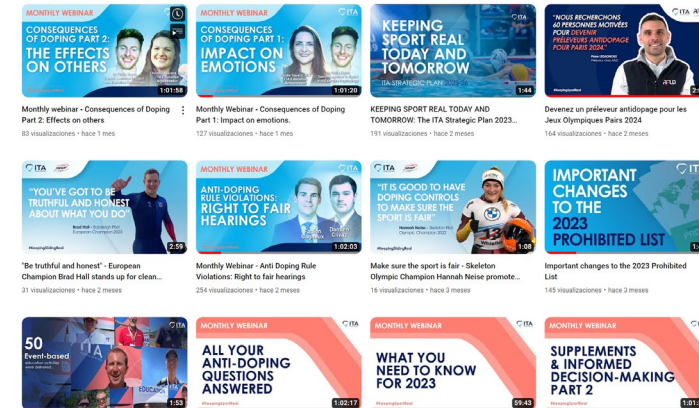
RESOURCES



Available soon!



WADA - Anti-Doping Education and Learning platform (ADEL) – Paris 2024 Olympics



Go to the ITA YouTube Channel

Q&A

NEXT WEBINAR

**11 MARCH
2024**

**MEDICATIONS, SUPPLEMENTS,
THE PROHIBITED LIST, TUES**

Register now!



MORE QUESTIONS?

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