



IGF Advice on Vaccinations for Brazil

Routine Vaccines

You should be up to date on routine vaccinations while travelling to any destination.

<u>Routine vaccines</u>	Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, hepatitis B vaccine, meningitis vaccine and your yearly flu shot.
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Vaccinations for Brazil

It is recommended to get travel vaccines and medicines as there is a risk of these diseases in Brazil.

<u>Hepatitis A</u>	CDC recommends this vaccine because you can get hepatitis A through contaminated food or water in Brazil, regardless of where you are eating or staying.
<u>Typhoid</u>	You can get typhoid through contaminated food or water in Brazil. CDC recommends this vaccine for most people travelling to Brazil, especially if you are staying with friends or relatives, visiting smaller cities or rural areas, or if you are an adventurous eater.

Travelling outside of main cities in Brazil

<u>Yellow Fever</u>	Yellow fever is a risk in certain parts of Brazil, so CDC recommends the yellow fever vaccine for travellers 9 months of age or older to these areas. Your doctor can help you decide if this vaccine is right for you based on your travel plan.
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Ref. Centers for Disease Control and Prevention (CDC)